*Sent to all Members*

November 26, 2023

Dear {%FName%},

Rotary Foundation Minutes are provided by District 6220 Governor-Elect and Paul Harris Society Coordinator Roger Utnehmer (Oot-name-er).

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“This is a Rotary Foundation Minute.

More than fifty percent of residents in assisted living facilities in the United States have not had a visitor in the last twelve months.

That staggering, sad reality graphically demonstrates why loneliness is an epidemic in America with serious health implications, both mental and physical.

You’ll have an opportunity learn what you and Rotary can do to combat loneliness and its mental health implications on Thursday, December 7th.

Dr. Dennis White, a member of the Rotary Club of Sturgeon Bay, will share a First Thursday Zoom discussion about loneliness starting at 5:00 PM.

You can join the discussion using the link here.

**Join Zoom Meeting**

<https://us02web.zoom.us/j/89552494495?pwd=a2JiWG5oUDNEZE5ncXM4amJBV3lGdz09>

**Meeting ID:** 895 5249 4495

**Passcode:** 461046

**No microphone/speakers on your computer, please dial in:**

1 312 626 6799 US

Rotary International President Gordon McInally has identified mental health as a major focus for Rotary in the future.  This thought-provoking opportunity to hear from a mental health expert can help Rotary prepare to be part of the solution.

This has been a Rotary Foundation Minute.”

Roger Utnehmer
Rotary District 6220 PHS Coordinator
District Governor 2024-25
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